

Be The Respected Voice In Healthcare

**Dr. Lisa Herbert is a board-certified family physician, executive leadership coach and DE&I consultant who brings over 25 years' experience of providing primary care and serving as a healthcare leader.**

Dr. Herbert is on a mission is to change the landscape of healthcare by providing physicians with the crucial skills they need to be a successful leader and strategies to deal with workplace challenges. Dr. Herbert's private clientele include major hospitals and healthcare organizations who have taken the steps to develop and retain and high performing physician leaders.

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**The Rise Up & Lead virtual conference was so informative! Dr. Lisa Herbert pulled together a top rate line up of presenters that were knowledgeable, and relatable as women physician leaders. If you are looking for a conference that will give you not only CME but CFE (continuing life education) credit too, catch the next Rise Up & Lead conference.**

Dr. LaKeisha, Integrative Gynecologist,  
Hormone Specialist

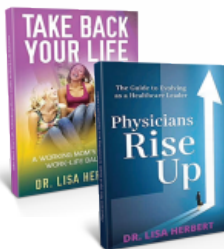
inclusion, begin to create equitable systems and retain high performing leaders from diverse backgrounds and experiences.

### Professional Speaker

Dr. Herbert appears regularly as a speaker at professional associations, as well as national and international conferences all over the world. A dynamic and compelling speaker, she travels throughout the U.S. speaking on the importance of effective leadership, diversity and inclusion in the workplace and employee wellbeing to create healthy productive teams and organizational success. Dr. Herbert's topics engages her audiences and leaves them with knowledge that transforms the way they think from status quo to new and engaging approaches to workplace challenges.

### Best Selling Author

Dr. Herbert is the best-selling author of two published books including **Take Back Your Life: A Working Moms Guide to Work-Life Balance** and **Physicians Rise Up: A Guide to Evolving as a Healthcare Leader**.



### Physician Leadership Coach and Organizational Consultant

Organizations benefit from working with Dr. Herbert by using her innovative coaching services and trainings to foster better communication, improve personal and professional relationships and build high performing leaders. With the creation of the Physician Rising Up Leadership Program, organizations can have access to the Physicians Leadership Academy training and resources needed to support physicians in their transition from medical practice to medical leadership. Dr. Herbert also offers specialty training for women physician leaders.

As a DE&I coach and consultant she helps organizations create a strategy of identifying opportunities to develop a culture of



## TAKE A PEEK AT THESE INNOVATIVE TOPICS

All presentations are customizable to your audience and range from 45 minutes to 2 hours.

### **Finding The Right Balance in the Workplace: Listen, Ask, Seek**

In an article Executive Leadership and Physician Well-being: Nine Organizational Strategies to Promote Engagement and Reduce Burnout by Tait D. Shanafelt, MD, and John H. Noseworthy, MD, CEO, one of the drivers for burnout was workload and job demands. Promoting flexibility and work-life integration was one of the strategies to reduce burnout and improve leadership capabilities. This presentation will provide the learner with strategies to achieve work-life integration for meaningful work and improved relationships.

### **Breaking The Glass Ceiling of Physician Leadership**

There is a critical need to increase the number of physician leaders and have a model that can be used to continue to fill the pipeline of physician leaders who are skilled at navigating the complex ever rapidly changing healthcare industry. That pipeline must include diverse leaders that will show up with the intent to make a change for the better. For underrepresented groups the opportunities for leadership roles are lacking. In order to have strong healthcare organizations and build healthy communities,

there must be leadership that is reflective of the population served. In this session physicians will learn how to take responsibility for their own development with tools that will help them to rise above the obstacles standing in their path of leadership.

### **How to Build a Better Workplace- Prevention of Employee Burnout**

In addition to work-life integration, self-care is recognized as a strategy to promote wellbeing. Learners will be provided with a plan to incorporate exercise/fitness, sleep habits, diet, relationships, hobbies, and preventive medical care into their self-care routine to prevent burnout and promote wellbeing.

### **How To Lead In the Midst of Chaos; Strategies For Success**

Change is inevitable, especially in healthcare. As the industry continues to advance and change at a rapid pace, leaders will need to bring their teams through difficult situations. Participants will learn strategies to help their team adopt change in order to continue to serve their communities.

**Dr. Herbert believes that Health Care Organizations need a diverse group of high performing physicians as part of their leadership team.**

## **Connect WITH DR. LISA HERBERT**

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